

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes
November 21, 2014, 1:00 pm CST
Bryan West Hospital
Co-Chairs: Dr. Belau and Dr. Miers

Attendees: Kelli Ricky, Michelle Phillips, Jennifer Fry, Dave Miers, Ray Reimer, Pam Oltman, Krystyn Schmidt, Don Belau, Nikki Roseberry, Kathy Karsting, Andres Sandoval, Melissa Schaefer, Lisa Casullo

I. Approval of Minutes

Kelli made a motion to approve the minutes from the October Coalition meeting. Kathy seconded this motion; the motion passed unanimously.

II. Member Updates:

Ray: One new Chaplain is in training.

Christine: No update

Nikki: The Annual Prevention Summit was held in November; 375 individuals attended the Summit, which is nearly double the numbers from the 2013 Summit. Planning for the 2015 Summit will begin soon.

Kathy: Individuals have begun contacting her for QPR training; she relies on Jennifer to pass on training requests for her.

Kelli: 14 people attended an A.S.I.S.T training held last weekend. Additional trainings will be held on Monday, November 24 and Tuesday, November 25.

Netti: Nettie is now a Certified A.S.I.S.T. trainer; Health Fair 5/2/2015, would like NSSPC to become a partner with this event. Indian Center along with other program will be hosting another end of the year event and this year 12/30/14 "Sober and Safe New Year Celebration" at the Indian Center, which will be a cultural event - anyone welcome 1:00 to 11:00 p.m. generally.

Melissa: The work plan for year one of the SAMHSA grant is being developed; the plan will include training activities, other activities included in the upcoming year, and LOSS Team development plans. The plan needs to be completed by December 15.

III. Coalition Updates:

Norfolk: About a dozen educators partook in a QPR training; the training provided an overview of the QPR Institute and then discussed suicide prevention techniques. The training provided an opportunity to communication with the schools. The Coalition set up a QPR Training in a residential setting focused on substance abuse prevention. Norfolk will be sponsoring a string of events on January 9-13 including a presentation focused on youth populations, a healing event, suicide prevention in the workplace, and a dinner reception where Terri will present on her healing process with survivors from Norfolk. The Northeast Region continues to have completions including one in Sioux City and one in Wakefield. The mother of the Wakefield individual contacted the LOSS Team for support 24 hours after the completion. Norfolk does not have a formal LOSS Team; however, members in the community know who to contact for assistance. Additional ASIST and Connect Trainings are being scheduled.

Nebraska State Suicide Prevention Coalition (NSSPC)

Kearney: Kearney is in the process of formalizing their LOSS Team; their working name is the Central Nebraska Suicide Prevention Coalition. Once the Team is established, they will try to have a member connect to the Coalition meeting each month, similar to Andres.

State Coalition: The State Coalition is wrapping up the year. Another round of Seed Grants are available; however the application deadline is November 19; a number of applications have already been received. Don suggested he and Jennifer create an end of year report for the LOSS Advisory Group and Coalition.

IV. Update from Outreach Coordinator

Jennifer is developing a yearly plan for the outreach coordinator and looking at the needs of the Coalition and what should be strengthened, including establishing a LOSS Team in each of the six regions in Nebraska. On November 11, Jennifer, Michelle, and Terri partnered with the Kim Foundation during a suicide prevention presentation at an UNO fraternity; 16 students attended the presentation. The training was requested by a fraternity member who is an attempt survivor; his intention is to make this an annual event. The LOSS Team hosted a booth at a Yellow Ribbon Air Force Event at UNO where several people, including some from the VA, signed up for additional information on the LOSS Team. Jennifer will be going to another joint Air Force and National Guard event on January 24. In the coming year, Jennifer will continue to assist with the Coalition, the Public Policy Center will serve as project management for the SAMHSA grant, Hayley will continue to attend the LOSS Team and Coalition meetings and disseminate information. Jennifer is looking at funding opportunity to hire and provide support for an individual to assist with outreach in the middle portion of the State.

V. SAMHSA Grant

Grant Update: Denise Bulling from the Public Policy Center provided the group with an overview of the grant during the Coalition's October meeting. Also discussed during the last meeting were the goals for year 1; these will be discussed further during the December meeting. The current goals are: 1) prevent you suicides in Nebraska, 2) standardize screening protocols that are in place for youth at risk for suicide in child serving systems, and 3) Nebraska communities implement culturally appropriate suicide prevention strategies. The grant project team has had one meeting; Dave and Don represent the Coalition at the meetings. Jennifer has outlined goals and tasks necessary to achieve these goals for year one of the grant; two of the major goals are to get a LOSS Team in every region of the state and develop additional materials. IMN will assist in strengthening faith communities; the Chaplains have requested additional suicide prevention training and church communities have been open to posting information on their church bulletins. The Coalition will be putting together a list of recommended trainings for the school districts to choose from.

The State has contracted with the PPC to provide grant management and do QPR trainings including a train-the-trainer update; the Coalition will provide oversight on the grant; Jennifer will have a large role on the grant project team and will assist with coordinating QPR trainings. The Department of Education has hired Joleen Palmer as the new School Safety Director, she will help oversee the execution of LB923. Joleen has organized a meeting for Monday, November 24 to outline the plan for LB923 that

Nebraska State Suicide Prevention Coalition (NSSPC)

will be presented to all school districts in the State; in the plan, Kognito is identified as one option the school districts can elect to use as their training tool for the suicide prevention mandate. In addition to QPR and Kognito, AMSR and CAMS training for clinicians will also be offered. Jennifer intends to have the plan for the upcoming year put together by the December meeting; any suggestions for the plan should be sent to Jennifer.

VI. Goals Development

Don recommended the Coalition not discuss goal development until the January 2015 meeting.

VII. LOSS Development Advisory Group

Norfolk, Kearney, Omaha, and the Military are all looking to establish active LOSS Teams. The Kim Foundation has organized a meeting in Omaha to start discussing team development.

- i) LOSS Walk Planning:** May 30 has been set as the tentative date for the next LOSS Walk. Anyone interested in assisting with planning and event coordination should contact Jennifer. LOSS Walk planning will be incorporated into the LOSS Team Development Meeting beginning in December until March; a separate steering committee meeting will be held in April and May to finalize logistics.

VIII. National Updates

Tomorrow is International Survivor Day; an event will be held in Lincoln at Our Savior Lutheran Church from 10:30-2:30.

IX. Awareness

There have been a lot of requests for the bracelets with the hotline number on them. Kelli is ordering car magnets with the hotline number on it to give to veterans and the National Guard.

a. Don't Be Sidelined Campaign

The November 1 football game was the Don't Be Sidelined Campaign sponsor game; an interview was conducted at halftime and the Don't Be Sidelined Campaign website was run on the ribbon board. The website continues to get a lot of hits from around the state.

b. Other

Due to the recent surges in completions in Lancaster County, the Coalition may want to start considering an immediate response to surges locally and statewide. Coalition member suggestions included: approach the Mayor's office and suggest his advisors consider promotion of a suicide prevention and awareness campaign; offer Connect trainings for the general public in Lincoln/Lancaster County; increase conversations with educators about their protocols and how they communicate suicide prevention and awareness with students; develop a crisis management plan and look at models for urgent care; and offer a community tabletop exercise; contact local media to promote the hotline number. Don proposed the Coalition develop a timely response to what would be considered a surge within a particular region of the state. Data releases are delayed by an average of two years, making timely planned responses difficult. Dave supported Don's proposal and suggests the Coalition reach out to the local Suicide Prevention Resource Center representative to determine what other states have developed similar to the proposed model. Michelle seconded Dave's motion.

X. Training Updates

No update.

XI. Announcements

No update.

Nebraska State Suicide Prevention Coalition (NSSPC)

XII. Next Loss Development Group Meeting

The next meeting will be held on November 21, 2014 in classroom 2. All meetings begin at 12:00 Noon at Bryan West Hospital.

XIII. Next Coalition Meeting

The next meeting will be held on December 19, 2014 in classroom 2. All meetings begin at 1:00 PM at Bryan West Hospital. The LOSS walk committee will meet following the NSSPC for those wishing to be part of the 2015 planning.