

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes **May 23, 2014, 1:00 pm CST** Bryan West Hospital

Attendees: Don Belau, Jennifer Fry, Dave Miers, Peg Ogea-Ginsburg, Pam Oltman, Ray Reimer, Kelli Ricky, Melissa Schafer, Hayley Sutter, and Donna Wolff (via tele-conference)

I. Approval of Minutes

Peg made a motion to approve the April 25, 2014 meeting minutes, Jennifer seconded this motion; the meeting minutes were unanimously approved.

II. Coalition Updates

a. Norfolk

Norfolk is waiting to hear if their grant applications to United Way and Blue Cross Blue Shield were approved; both grants were for \$10,000. Northeast Nebraska has three suicides in the last week; some callouts are over 60 miles away and are difficult to respond to quickly. Norfolk will hold a LOSS Walk on September 21.

Jennifer and Dave went to Norfolk to do an informational meeting for the Norfolk community on LOSS teams; 15-20 people, consisting of clinicians, survivors, and police department representatives, attended the meeting. A group in Norfolk has begun reaching out to families and providing them with informational packets; however, a formal LOSS team has not been established. LOSS Team training will need to occur before a formal LOSS Team can be organized.

b. Other Coalitions

An ASI train-the-trainer training was held recently; there are now over 50 ASI trainers.

c. State Coalition

No update.

III. Update from Outreach Coordinator – Jennifer Fry

Seed grants have been sent to the regions, coalitions, and support groups around the state. A QPR training is scheduled for June 17 at the Friendship Home. A trainer has been requested for the Peer Support Conference in Grand Island. Kearney is trying to establish a LOSS Team. A golf tournament on August 8 will promote the LOSS Team; funds from the tournament will either benefit the LOSS Team or post-vention efforts in the area. The LOSS Team/NSSPC may collaborate with the Big Red Connection and provide trainings and information.

IV. National Updates

An article on bullying and suicide was recently published that found both the bully and bully-victim are at an increased risk of suicide; this is partly due to violent tendencies, potential mental illness, and a feeling of not belonging. On college campuses, there is a need for QPR trainings geared toward for international students and non-traditional students as they are often overlooked during campus training sessions. In addition, different cultures (e.g. gender, culture, sexuality) may need to be addressed differently during trainings and screenings to be culturally appropriate. Some colleges are using online screening tools that allow the college counselors to contact students based on their results. Men are less likely to call national helplines and would prefer to text. Action Awareness for Suicide Prevention is providing information to faith communities on suicide prevention. Don will be doing a SPRC webinar in December.

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V. **LOSS Development Advisory Group**

The LOSS Walk begins at 10:00 am on Saturday, May 31; registration will be accepted online and in person up until the start of the walk. Nearly 100 individuals are registered and over \$2,000 in donations have been raised.

VI. **AAS Conference Recap – Dr. Belau**

The 2014 AAS Conference was the largest in history. One of the best workshops was the state coordinator workshop during which the Garrett Lee Smith grant was extensively discussed. Don was asked to participate in a webinar to reflect on Nebraska’s model of data gathering and interpretation. The AAS added a suicide attempt survivor division; the adoption of the suicide attempt survivor division was covered by national and international news media. Don collected information regarding response to suicide attempts, emergency room response, mental health response, and release from emergency rooms. A 1-2 hour training program for mental health and emergency room staff has been developed and presented to one area hospital; two additional hospitals have requested the training.

VII. **Grant Update**

The State has submitted the grant; if awarded, the grant will be four five years. The State held a conference call with the Behavioral Health Regions, who all agreed to participate in the grant, if awarded. The grant announcement will be made in mid-August or early September. The grant is very competitive with only 17 states to be funded.

VIII. **Collaboration**

a. **Update LB 923**

Don, Dave, Jennifer, BHECN, and the American Foundation for Suicide Prevention – Omaha Chapter have held phone conferences to discuss the next steps of the grant. The Department of Education will be hiring a security officer for the 2015 school year to oversee the suicide prevention training; the security officer will work with the coalition to put together a list of trainings teachers can attend. QPR and Kognito were recognized as two potential trainings; Kognito is favored for high school and middle schools. Don made a motion to support the identification of an evidence based best practices list for schools which will be posted online for all schools to find and use. Pam and Jennifer seconded this motion; the motion passed by consensus. The NSSPC will support the creation of an evidence based best practices list that will be made public for all schools.

IX. **Awareness**

a. **Don’t Be Sidelined Campaign (Partnership with The Kim Foundation)**

Web traffic has increased. The final Don’t Be Sidelined Campaign event was held during the last home Husker baseball game. Over 7,000 individuals attended the game and around 3,000 bracelets were handed out. A prerecorded interview played during the game to advertise the Don’t Be Sidelined Campaign. The Don’t Be Sidelined Campaign will run ads during the College World Series. A partners meeting will be held next month to discuss next steps and determine if the campaign will continue for another year. Dave made a motion to support the Don’t Be Sidelined Campaign in year three and contribute the necessary monetary donation to remain a campaign partner, pending the continuation of the campaign. Last year, the NSSPC contributed \$1,000 to the Don’t Be Sidelined Campaign. This motion was seconded by Jennifer; the motion passed by consensus.

X. **Member Activity Update**

No update.

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XI. Upcoming Training Opportunities

The Public Policy Center is hosting the Nebraska School Safety & Security Conference in Broken Bow on August 7-8; the conference will include a suicide prevention training that meets the requirements for by LB923 for school officials. The next Nebraska Inter Service Family Assistance Committee (ISFAC) meeting will be held on June 26, 2014 at Bryan Medical Center West in the Education Conference Center A and B. A train-the-trainer for law enforcement will be held on June 24. A suicide and self-mutilation training will be held in Omaha.

XII. Announcements

A SAMHSA representative gave a presentation on SAMHSA's suicide prevention app during the Mental Health Conference and indicated suicide prevention would be a priority area in 2015.

XIII. Next Loss Development Group Meeting

The next meeting will be held on June 27, 2014 in Classroom 2. All meetings begin at 12:00 Noon at Bryan West Hospital.

XIV. Next Coalition Meeting

The next meeting will be held on June 27, 2014 in Classroom 3. All meetings begin at 1:00 PM at Bryan West Hospital.