

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes

October 30th, 2015, 1:00 pm CST

Bryan West Hospital

Co-Chairs: Dr. Belau and Dr. Miers

Attendees: Don Belau, Dave Miers, Terri Marti, Jolene Palmer, Melissa Shafer, Denise Bulling, Renee Faber, Crystal Fuller, Teri Clark, Jill Hamilton, Ray Reimer, Tyler Irvine, Sandy Morrissey, Pam Oltman, Andres Sandoval, and Quinn Lewandowski.

I. Approval of Minutes

Pam Oltman made a motion to approve the minutes from the September 25, 2015 meeting. Jill Hamilton seconded this motion; the motion to approve the September minutes passed unanimously.

II. Coalition Member Updates:

Dave (Co-Chair) –Mental Awareness week activities were held the week of October 4th-10th. Community Breakfast event was at capacity, the workshop that Kevin Hines hosted was at capacity, and the community event was at capacity at 450-475 and had to have an overflow room due to the overwhelming turnout.

Ray (Lincoln Police and Fire Chaplaincy Corps) - A chaplain was called out on at least two of the four deaths that occurred in the Lincoln area.

Terri (Lincoln-Lancaster County LOSS Team Coordinator) - Four members of the Lincoln-Lancaster LOSS Team were able to attend the National LOSS Team Conference.

Jolene (Department of Education) – Over 33,000 of our Nebraska school personnel have completed the Kognito training. There is a set target date of completion of 10/31/15; the date was set to try to get as many school personnel as possible trained before the highest statistical months for suicide. The training has been very well received. So far, the results have shown that areas with the lowest participation of Kognito training have been directly correlated to having the highest areas of suicide. Beginning to talk and plan for about year six plus after the grant ends. Goals are being set on building capabilities and infrastructure at the regional level to continue suicide prevention efforts when the grant ends.

Andres (Norfolk Suicide Prevention Coalition) - Hosted a national suicide screening at Northeast Community College that screened over fifty students and members of the public. Most of the students preferred to complete the assessment online. Upcoming training scheduled with Nebraska National Guard planned with an estimated 30 people set to attend. NSPC participated in Sober for October event that allowed NSPC to reach over 200 students. Kevin Hines has been booked to present in the area on Jan. 20th and 21st; with the plan of presenting at Northeast, Wayne State, and hosting a community event. In January, to write love on your arms event has been planned as well.

Teri (VetSET) – VetSET is an organization that's mission is to connect rural veterans and their families to local resources and align them with services. VetSET has been hosting No Wrong Doors Training events throughout Nebraska, which have been certified as CEU opportunity by the NALHD. Over 400 people in Nebraska have completed a No Wrong Door training event in 2015. Two of the VetSET representatives will be completing training in Texas to become trainers for Mental First-

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Aid. VetSET also recently received a grant with Prevention Institute to help reach men and boys of military background.

III. SAMHSA Grant Update:

a. Goals Update:

Statewide Suicide Prevention Plan Workshop was held the morning of October 30th, 2015. Participants spent their time examining the national goals, and prioritizing the feedback gathered from the survey. The group is drafting goals for the Nebraska Statewide Suicide Plan, and will have the plan along with the goals examined and revised by the Prevention Advisory Council. A draft of the plan will be disseminated when it is available. In the spirit of sustainability, a portion of the funds is being proposed to be used to help create a position that will manage the work of the grant, and assist all the different entities involved in the SAMHSA grant. The proposal and description of the position has submitted to the state, and it is hopeful to get approval to post the position statewide when it is finalized. Support the Division of Behavioral Health and also support the LOSS teams and coalitions.

On October 1st, year two of the grant began. In year one of the SAMHSA grant about 75% of the allotted year one funds were spent.

b. Behavioral Health Regions Update:

- i. **Region 6:** Excited about their partnership with Boys Town and spreading awareness of their crisis text line. They were able to change their order of promotional materials order and support the Boys Town line. Partnering with Boys Town to disseminating and spreading Boys Town crisis text line. There is a scheduled CONNECT postvention training of trainers. Working on hiring some part-time personnel to help with health promotion, and disseminating awareness and information throughout the community. The American Foundation for Suicide Prevention will be bringing in some experts to support the LGBT and youth mental health first-aid as well.
- ii. **Region 5:** Hosted a training of trainers event that drew twenty-seven individuals.

IV. Additional Coalition Updates:

- a. **Lincoln:** CONNECT hosted a two day community planning event. Formed 5 goals, and things are moving ahead with that. Committee consistently meets of many different parties.
- b. **Norfolk:** There is a conference forming and they wish Andres to talk about suicide prevention.

V. Awareness

a. Don't Be Sidelined Campaign

The Don't Be Sidelined Campaign continues to get great exposure at University of Nebraska-Lincoln at the home volleyball and football games. The campaign recently did a pre-recorded suicide prevention message that was to be played at one of the home football games during three different times during the game.

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b. Project 22

In Norfolk, Project 22 presented a movie on military suicide in partnership with VETset. All the tickets for the showing had to be sold in order to play the movie. Locally in Norfolk, the local Project 22 group runs a support group that meets on the 22nd of the month.

VI. National Updates

The 5th Annual LOSS Team Conference was held in Fort Worth, TX on October 7th – 9th; Dr. Frank Campbell was the keynote speaker.

VII. Upcoming Training Opportunities

No announcements

VIII. Announcements

No announcements

IX. Next Loss Development Group Meeting

The next meeting will be held on December 4th, 2015. All meetings begin at 12:00 Noon at Bryan West Hospital.

X. Next Coalition Meeting

The next meeting will be held on December 4th, 2015. All meetings begin at 1:00 PM at Bryan West Hospital.