

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes

February 27, 2015, 1:00 pm CST

Bryan West Hospital

Co-Chairs: Dr. Belau and Dr. Miers

Attendees: Don Belau, Jennifer Fry, Sandra Gonzales, Julia Hebenstreit, Nancy Johnson, Kathy Karsting, Deb Knight, Brenda Leggiadro, Linda Nelson, Ashley Newmyer, Peg Ogea-Ginsburg, Pam Oltman, Ray Reimer, Kelly Ricky, Nikki Roseberry, Andres Sandoval, Jill Sauser, Melissa Shaffer, Netti Sikyti, Hayley Sutter, and Von Villarreal

I. Approval of Minutes

Julia made a motion to approve the meeting minutes pending grammatical corrections. Jill seconded this motion; the motion passed by consensus.

II. Member Updates:

Nancy – Nancy is a new volunteer with the LOSS Team.

Deb – The crisis response hotline operated by CenterPointe receives about 300 calls a month; they are going to start tracking the number of calls related to suicide and/or suicide attempts. A Mental Health First Aid training will be held on February 28 and is the third such training in the Nebraska since last May. Supplemental training is necessary to become certified in Mental Health First Aid for youth, rural communities, law enforcement, or veterans; Kim Carpenter is the only individual in Nebraska trained in rural Mental Health First Aid.

Nikki – The Success, Hopes, and Dreams Conference will be held on May 12-13; presentation proposals are still being accepted.

Peg – The Nebraska Department of Health and Human Services is working on a pilot data project to collect emergency room data on self-inflicted injuries. The pilot project is being conducted in the Omaha region; several hospitals in central Nebraska are in the process of being incorporated into the pilot project. The data is received every 24 hours and allows the analysis to examine historic data in comparison to current data and can be used to help form suicide prevention efforts. This data analysis strategy previously worked with traffic data to help the Omaha Police Department identify traffic trends and staffing solutions for the College World Series.

Brenda – WRAP (Wellness Recovery Action Plans) support group meetings are held every Tuesdays at 5:30pm. WRAP is a crisis and post-crisis support notebook given to students while they are in the hospital with resources to stay healthy and out of the hospital. A group of young people have begun formulating plans to create a Lincoln/Lancaster County Youth Suicide Prevention Coalition.

Netti – The Indian Center will be hosting a health fair and suicide awareness 5k on May 2, 2015. The 5k will begin at 8:30am and the health fair will open at 9:00am and end at 3:00pm. Netti invited the Don't Be Sidelined Campaign and National Guard to have a booth at the health fair.

Kelli – Amanda McGill attended a recent military/VA meeting as a representative of Congressman Ashford; Kelli and Amanda are having a follow up meeting to discuss suicide prevention at the VA.

Melissa Shaffer – The Region is contracting to have a needs assessment of the conducted; the needs assessment will include an online survey and five focus groups across the region, one of the focus groups will include youth.

Nebraska State Suicide Prevention Coalition (NSSPC)

Kathy – Kathy recommends the Coalition take steps to ensure the regions encourage and support community activities, including LOSS teams and support groups, to ensure current efforts are sustained after the GLS Grant closes. Kathy is interested in a Connect training being conducted in Region 5.

Julia – The Kim Foundation is partnering with BHECN to show a screening of the film *Mommy* on March 19 at Film Streams at Ruth Sokolof Theater; a panel discussion will follow the screening. *Mommy* revolves around a widowed mother who is overwhelmed by the difficulty of raising her troubled, sometimes violent and suicidal son Steve as a single parent

III. Coalition Updates:

Norfolk:

Kevin Hines, a suicide attempt survivor, is scheduled to present at the end of September; he will also be in Nebraska on October 6-7 during Mental Health Awareness Week and may do a presentation to students at Bryan High School.

Kearney:

Kearney is planning their first LOSS walk on May 28, Frank Campbell will also do a community workshop in the date.

State Coalition:

IV. Update from Outreach Coordinator

The outreach activity plan was finalized this month. Jennifer will be assisting with support and technical assistance across the state, serve as a liaison between LOSS Teams and support groups, will attend and report at the state and local coalitions to identify needs and provide support. Jennifer's primary task is to ensure outreach activities are reaching the priority populations identified in the grant; these populations include post-secondary campuses, faith based communities, and Indian and tribal outreach. Jennifer is assisting the Behavioral Health Regions in establishing and enhancing current resources, including support groups. She also provides support to current LOSS Teams and assists in awareness events. The next round of seed grants will be released soon. A statewide QPR train the trainer was held on February 20; nearly 30 people were trained, including representatives from each region. AMSR trainings will be held in each region; regions can provide scholarships to those in their region attending the training; however, clinicians and out of region trainees are not eligible for scholarships.

V. SAMHSA Grant Update

No update given.

VI. Goals Development

No update.

VII. LOSS Development Advisory Group

No update.

VIII. National Updates

The National LOSS Conference will be held on October 8-9 in Dallas/Fort Worth; the conference planning is underway and AAS has signed on as an official partner. The Midwest Regional Suicide Prevention

Nebraska State Suicide Prevention Coalition (NSSPC)

Conference will be held on July 21-23 at the KCI Airport Marriott in Kansas City, MO. Nebraska is a co-sponsor of this conference. Dave and Don are serving on the conference planning committee and will be presenting at the conference.

IX. Awareness

a. Don't Be Sidelined Campaign

The women's basketball game was held on February 15 and was very successful. An individual from the National Public Health Information Coalition contact Julia for an interview regarding on the Don't Be Sidelined Campaign. The Don't Be Sidelined Campaign will be have a full page ad during the NCAA basketball tournament on March 27-28 in Omaha. They will also be a Storm Chasers community partner and at a Huskers baseball game; the dates for those two events is yet to be determined.

X. Training Updates

Healthy Youth Nebraska in its 6th year and will be held in Grand Island on September 21-22; the focus this year is on risk resiliency and barriers for care. The Coalition and Lincoln/Lancaster County LOSS team has been invited to participate in a panel discussion that will include LOSS Team members, survivors, a preventionist, and clinician. The event generally attracts 250 participants. Region 5 is organizing a Youth Mental Health First Aid train-the-trainer will be held in July.

XI. Announcements

An elementary school is interested in suicide prevention curriculum directed at K-5 students. They may look at the national list of research-based options or a RESPECT presentation.

XII. Next Loss Development Group Meeting

The next meeting will be held on March 27, 2015. All meetings begin at 12:00 Noon at Bryan West Hospital.

XIII. Next Coalition Meeting

The next meeting will be held on March 27, 2015. All meetings begin at 1:00 PM at Bryan West Hospital.