

# Nebraska State Suicide Prevention Coalition (NSSPC)

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## Meeting Minutes

March 27, 2015, 1:00 pm CST

Bryan West Hospital

Co-Chairs: Dr. Belau and Dr. Miers

Attendees: Don Belau, Jennifer Fry, Julia Hebenstreit, Kathy Karsting, Peg Ogea-Ginsburg, Kelly Ricky, Andres Sandoval, Jill Sauser, Melissa Shaffer, Terri Marti, Krystyn Schmidt, Kristin Lyons, Donna Wolf, and Sandy Thompson, Pam Oltman

### I. Approval of Minutes

A motion to approve the minutes from the February 27, 2015 meeting was made and seconded; the motion passed by consensus.

### II. Member Updates:

**Kristin** – Kristin attended a QPR train-the-trainer and is now certified to train on the course.

**Don** – Following the Germanwings airline crash, there has been a resurgence of calls to the hotline and increased interest in suicide prevention across the country.

**Dave** – Mental Illness Awareness Week will focus on suicide prevention; Kevin Hines will be the keynote speaker and will host a community event, workshop on living well, and give a talk at a local high school. Kevin is the author of *Cracked Not Broken: Surviving and Thriving after a Suicide Attempt* and is a global speakers and mental health advocate.

**Jill** – Kevin Briggs will be presenting at the Don't Be Sidelined Campaign's October luncheon on October 15. Kevin is a retired Sergeant with the California Highway Patrol who patrolled the Golden Gate Bridge and dissuaded an estimated 200 people from jumping off the bridge.

**Melissa** – Melissa have been doing a lot of coordination under the GLS grant, including outreach for the AMSR training scheduled for April 10. A QPR training is scheduled for next week and is already full. The contract for the needs assessment is being finalized.

**Terri** – Dave and Terri have been working with the local TV stations and Lincoln Journal Star for community outreach. Dave, Terri, and two other LOSS Team members spoke at a community meeting at the Lincoln Community Health Endowment. The community event was well attended and the speech was taped and will be available online.

**Kelli** – The Success, Hopes, and Dreams Conference hosted by the Mental Health Association will be held on May 12-13; in conjunction with the conference, a dramatic reading of the Theater of War will be held on May 11. A panel on brain trauma will follow the dramatic reading. The event is free and open to the public.

**Andres and Donna** – Andres will be presenting on suicide prevention to small town schools starting on April 1 in Allen, Nebraska. The presentation will focus on cyber bullying and suicide prevention. A completion was reported in Elgin, Nebraska last week; the family has been contacted and provided with resources and materials on the LOSS team. Norfolk applied for a Blue Cross/Blue Shield grant and may apply for a Red Cross grant. 10-15 people attend Donna's support group each week; the youth support group has not been activated yet.

**Pam** – Pam is presenting on Post-Traumatic Growth and Trauma Informed Care at the Success, Hopes, and Dreams Conference.

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## III. Coalition Updates:

**Norfolk:** No update.

**Kearney:** Kearney is meeting today to discuss the progress of their LOSS Team and the successes and lessons learned from their first callout.

**Lincoln:** A youth coalition was formed in Lincoln last November in response to an increase in youth completions. A planning and training exercise will be held in July to create a plan for community-wide suicide prevention. This group is also focused on creating wellness recovery action plans.

**Other:** Seward met to discuss forming a local coalition for Seward County.

**State Coalition:** The State Coalition is moving more toward a supporting entity for the local coalitions. Dave, Don, and Jennifer attended the Governor Appointed Behavioral Health-Substance Abuse Advisory Council to discuss LOSS team development and suicide prevention

## IV. Update from Outreach Coordinator

There has been a local surge in completions and clusters; in accordance, there has been an increase in requests for resources, panels, and community awareness events. Jennifer presented to the LPS crisis team and the University of Nebraska Health Center; Dave, Don, and Terri have also been involved in a number of presentations. The Coalition will have an information booth and host a presentation at the Success, Hopes, and Dreams conference. LOSS Team growth continues across the state with local coalitions and support groups being formed. Several workshops featuring Dr. Campbell will be held across the state on May 28-31.

## V. SAMHSA Grant Update

The evaluation team has been working on tracking the efforts of the grant; anyone doing presentations, trainings, or giving out resources should report these activities to Jennifer and she will forward the information to the evaluation team. A map of all LOSS teams will be developed and posted on the LOSS Team website. A postvention training and prevention training are being planned for in Omaha. Kathy suggested the GLS team consider reaching out to faith communities and veterans and their families when scheduling trainings and community outreach events. The Public Policy Center is in the process of developing standardized informational brochures.

## VI. Goals Development

No update.

## VII. LOSS Development Advisory Group

Reported under "Coalition Updates".

## VIII. National Updates

The Midwest Regional Suicide Prevention Conference will be held on July 21-23 at the KCI Airport Marriott in Kansas City, MO. Nebraska is a co-sponsor of this conference. Dave, Don, and Terri are serving on the conference planning committee and will be presenting at the conference. DHHS pledged \$2,500 for conference sponsorship. The agenda and registration will be posted soon. The National LOSS Conference will be held on October 8-9 in Dallas/Fort Worth; the conference planning is underway and AAS has signed on as an official partner. The American Association of Suicidology will be held on April 15-18 in Atlanta, Georgia; this is the 48<sup>th</sup> year of the conference. SPRC sends monthly newsletters

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## **IX. Awareness**

### **a. Don't Be Sidelined Campaign**

The Don't Be Sidelined sponsored baseball game is on April 15; the game is against UNO and begins at 6:45pm. The Don't Be Sidelined Campaign member meeting will be held on April 14 at 11:45 at Memorial Stadium.

## **X. Training Updates**

QPR trainings and AMSR trainings are active across the state. A More than Sad facilitator training will be held on April 25 at Community Alliance in Omaha; there is no registration fee associated with this training.

## **XI. Announcements**

Don recommended the Coalition give consideration to forming an annual LOSS Team Conference for the LOSS teams in Nebraska. This conference would help assist with communication and networking between the LOSS Teams. The proposed conference would be held annually and focus on LOSS team development in Nebraska.

## **XII. Next Loss Development Group Meeting**

The next meeting will be held on April 24, 2015. All meetings begin at 12:00 Noon at Bryan West Hospital.

## **XIII. Next Coalition Meeting**

The next meeting will be held on April 24, 2015. All meetings begin at 1:00 PM at Bryan West Hospital.