

NSSPC Monthly Meeting Agenda

August 26th, 2016 1:00 PM - 2:30 PM CST

Bryan West - Classroom #2

Dr. Don Belau and Dr. Dave Miers, Co-Chairs

Tiffany Mullison, State Suicide Prevention Outreach Coordinator

- I. Sign In**
- II. Introductions**
- III. Approval of Minutes and Agenda**
- IV. Descriptive Analysis of Suicide Prevention Lifeline Calls in Nebraska – Mark DeKraai, University of Nebraska Public Policy Center**
- V. SPARK talk (as chosen by group)** - SPARK Talks are Short, Provocative, Action-oriented, Realistic, and Knowledgeable videos of leaders in the suicide prevention movement. Each of these innovators describes a new development or direction in the field that can have an impact on suicide and issues a call to action. SPARK talks are available on the SPRC website. <http://sparktalks.sprc.org/>
- VI. Review Action Plan**
- VII. Review Revised Bylaws**
- VIII. Youth Suicide Prevention Outreach Specialist Update**
- IX. Behavioral Health Region Updates and Regional LOSS team updates**
- X. Regional & Coalition Updates**
 - a. Lincoln
 - b. Omaha
 - c. Norfolk
 - d. Kearney
 - e. State Coalition
- XI. Awareness Updates**
 - a. Governor's Proclamation of September as Suicide Prevention Awareness Month

XII. National Updates

XIII. Other Updates from Members

XIV. Upcoming Training Opportunities, Events, and Conferences

- a. Surviving Stigma Together 5K Run, 2 mile Walk, and Celebration – Sept. 18th at 12:30 PM in Lincoln, NE, register at <https://www.eventbrite.com/e/surviving-stigma-together-5k-run-2-mile-walk-tickets-27052489725?aff=es2>, \$20 for Adults (19+) \$10 for children (18 and under)
- b. There are six AFSP Out of the Darkness walks in September. Visit <http://afsp.donordrive.com/> to find one near you.
- c. Healthy Youth Nebraska Conference – Sept. 19th in Kearney, NE
- d. National LOSS Team Conference – Sept. 28th & 29th in Fort Worth, TX
- e. Public Health Association of Nebraska Annual Conference – Sept. 29th & 30th in Lincoln, NE
- f. Re-engaging with Life, Creating a New You: Turning Impossible to I'm Possible by Josh Rivedal, Bryan Medical Center East – October 5th from 6:30 PM-8:00 PM, Free Registration, bryanhealth.org/calendar or 402-481-8886.
- g. Workshop by Josh Rivedal, Healing Heart Wounds through Exploration and Play: How to Help People Re-engage with Life - October 6th from 9:00 AM – 11:00 AM, There is a fee to registration fee, bryanhealth.org/professional-education
- h. Bryan Health Capital City Classic, 5K, 15K, and 1 Mile Kids Run Sunday October 23rd, 3:00 p.m.-Register at bryanhealth.org/run
- i. A Time for Hope & Healing with Dr. Thomas Joiner – November 9th in LaVista. Register Here: <http://www.thekimfoundation.org/a-time-for-hope-and-healing.html>
- j. Other Opportunities?

XV. Announcements

XVI. Remaining Meeting Dates in 2016

October 28th
December 9th

XVII. Tentative Meeting Dates in 2017

January 20th
March 17th
May 19th
July 21st
September 15th
November 17th