

NSSPC Monthly Meeting Agenda

July 21, 2017 - 1:00 PM - 2:30 PM CST

Bryan Medical Plaza – Private Dining Room

Take the visitor elevators by the gift shop to the basement

The Private Dining Room is located in the back portion of the Medical Center Cafeteria

Rose Hood Buss and Quinn Lewandowski, Co-Chairs

- I. Sign In
- II. Introductions
- III. Approval of Minutes and Agenda
- IV. Discussion topics:
 - a. State Suicide Prevention Outreach Coordinator Position Vacancy
 - b. Call for Suicide Survivor Committee Volunteers
 - c. Potential statewide webinar/think tank with region representatives regarding suicide survivor support.
 - d. How can we increase region involvement at the coalition meetings?
 - e. SAMHSA material ordering: <https://store.samhsa.gov/facet/Issues-Conditions-Disorders/term/Suicide?pageNumber=1>
- V. **SPARK talk (The Suicide Prevention Movement – Jerry Reed)** - SPARK Talks are Short, Provocative, Action-oriented, Realistic, and Knowledgeable videos of leaders in the suicide prevention movement. Each of these innovators describes a new development or direction in the field that can have an impact on suicide and issues a call to action. SPARK talks are available on the SPRC website. <http://sparktalks.sprc.org/>
 - a. **What are you doing for September (Suicide Prevention Month) in your community?**
- VI. **Youth Suicide Prevention Outreach Specialist Update**
 - a. **Materials update from \$4,000 Decision**
- VII. Updates
 - a. Behavioral Health Regions
 - b. Coalitions
 - c. National
 - d. Awareness
 - e. Member

VIII. Treasurer Report and 501(c)(3) update

IX. Upcoming Training Opportunities, Events, and Conferences

- a. **American Foundation for Suicide Prevention: Out of the Darkness Walks**
<https://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.eventList&eventType=P,T&eventGroupID=9AA117B3-F522-BB6D-359D1AA2D75A7958&state=NE>
 - i. 09.09.17 – Scottsbluff
 - ii. 09.10.17 – Omaha
 - iii. 09.16.17 – Beatrice
- b. **Healthy Youth Nebraska: Addressing Risks, Resiliency & Barriers to Success**
Kearney, NE Tuesday, September 19, 2017
- c. **SBIRT and Brief Motivational Interventions: Effective Conversations with Young People about Substance Use and Other Risky Behaviors**
Presented by Paul Grossberg, MD on Thursday, September 28, 2017 from 9:30AM – 3:30PM at University of Nebraska – Lincoln Student Union, Auditorium 1400 R Street Lincoln, NE 68588 **FREE**
- d. **Surviving Suicide LOSS walk** Antelope Park in Lincoln, NE on Sunday, September 17, 2017
Registration: <https://www.eventbrite.com/edit?eid=36007423172>

X. Announcements

XI. Mark Your Calendars in 2017 for These Events

- a. September 6th – Governor’s Proclamation
- b. September 12th – 14th – National Prevention Networks Conference in CA
- c. September – DBH has reserved the display boards at the State Office Building
- d. September 19th – Healthy Youth Nebraska in Kearney

XII. Remaining Meeting Dates in 2017

September 15th
November 17th