

Nebraska State Suicide Prevention Coalition (NSSPC)

Meeting Minutes

August 23, 2013, 2:00 pm CST

Bryan West Hospital

1. Approval of Minutes

Julie made a motion to approve the July 26, 2013 meeting minutes. Marilyn seconded the motion; the motion passed by consensus.

2. Coalition Updates

All Seed grants have been distributed.

The First Responder Task Force of the American Association of Suicidology has developed a new resource for fire stations in the United States; it can be found on YouTube.com under the name "Firefighters Coping with the Aftermath of Suicide". It is the goal of the First Responder Task Force that the video will be distributed to all fire departments in the United States. The NSSPC is encouraged to distribute this video to all contacts within the fire fighter community to help the First Responder Task Force achieve their goal. The NSSPC may consider crafting a letter of endorsement for the video.

The National Suicide Prevention Month Proclamation Signing will be held on September 4, 2013 at 10:00 am in the Governor's office. For those interested, lunch (on your own) at Billy's Restaurant will follow. All are encouraged to attend and invite others who might be interested.

Eileen Brady, with the American Foundation for Suicide Prevention, is interested in reconnecting with the NSSPC and increasing local activity. In addition, the American Foundation for Suicide Prevention is looking for field advocates. Those interested should visit their website for an application.

Work to promote school suicide prevention specialists is near complete; it is estimated nearly 20 people will apply for the program through AAS. This program will help boost membership in AAS as membership is part of the online course fee.

Norfolk is currently promoting their activities for the next few months including: advertising the walk, promoting trainings and speakers and promoting activities. There was a recent suicide; the family contacted Donna and she was able to reach them. Wayne State provided each student with kits that included information on suicide prevention. A post-traumatic event, in partnership with the Department of Defense, will take place on September 5, 2013. Donna recently took a new position working at SOS as an advocate for victims of domestic violence; unfortunately, she will no longer be able to be part of the coalition.

Goals Update: 1) A request has been submitted for the school suicide prevention kits; an online toolkit is available that could be emailed out to principals; 2) the Governors Proclamation Signing is set for September 4; 3) a suicide survivors day to honor of suicide survivors is being planned in partnership with other suicide prevention groups. The Omaha Out of the Darkness Walk will be held on September 15 at 2:00 PM; the Beatrice Out of the Darkness Walk will be held on September 22; 4) UNL athletics were not interested in providing QPR to

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the staff. The UNL ministry community, residence life, and/or sororities and fraternities may be approached to determine their interest in suicide prevention trainings. The NSSPC may partner with different UNL departments to disseminate information on suicide prevention. If interested, partnerships may be established with other colleges and universities – such as Southeast Community College or Wayne State College; 5) rural suicide prevention kits have been distributed. To further awareness of suicide prevention in rural communities, the NSSPC may purchase a booth at the next Rural Health Conference in Kearney; 6) press releases for the NSSPC activities have been sent out.

Posters for the August and September fundraiser at Natural Grocers have been created and distributed. Natural Grocers will match all donations, up to \$15,000, to the NSSPC in August and September. There are three Natural Grocers locations in Nebraska, two in Omaha and one in Lincoln.

QR codes and promotional cards for the NSSPC may be developed in time for Husker Harvest Days. The QR code would link to the NSSPC website.

Five LOSS Team members will be attending the National LOSS Conference in Columbus, Ohio on September 10-11, 2013. The LOSS Team is focusing on different methods to sustain and enhance their efforts through reevaluation and reinforcement of their current efforts.

3. LOSS Development Advisory Group

No report.

4. Sustainment

1. State Youth Suicide Prevention Grant (GLS)

The GLS grant was submitted on June 13; if awarded, the grant could start as early as October 2013. The Natural Grocers fundraiser will assist with the sustainment of the NSSPC.

5. Awareness

1. Don't Be Sidelined Campaign (Partnership with The Kim Foundation)

The Don't Be Sidelined Campaign will have a booth in the pavilion before the September 7th Cornhusker game. The booth will link to the Bryan screening website and will hand out the red suicide prevention wristbands.

6. Member Activity Update

An event on mental health in the workplace will take place on Monday, October 7 from 11:00 AM – 2:00 PM at the LaVista Embassy Suites; the Don't Be Sidelined Campaign, Bellevue University, and The Kim Foundation are partnering for this event. Opportunities for exhibitor booths are still available.

7. Upcoming Training Opportunities

1. 3rd National Loss Team Conference, Columbus, Ohio September 10-11, 2013

The National LOSS team Conference will be held in Columbus, Ohio on September 10-11, 2013.

8. Announcements

A Trauma 101 training will be held in Norfolk on September 26; this will be a workshop based on trauma. In addition, a train the trainer event will take place in Norfolk in October. Andreas will be at the Trauma 101 workshop and may attend the train the trainer event.

9. Next LOSS Development Group Meeting: September 27, 12:00 noon – 1:00 PM, Bryan West

10. Next Coalition Meeting: September 27, 1:00 PM – 3:00 PM, Bryan West