

# Nebraska State Suicide Prevention Coalition (NSSPC)

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## Meeting Minutes

October 22, 2013, 1:00 pm CST

Bryan West Hospital

*Attendees: Don Belau, Kali May, Dave Miers, Pam Oltman, Michelle Phillips, Ray Reimer, Andres Sandobal, Hayley Sutter*

### 1. Approval of Minutes

Ray Reimer made a motion to approve the September 27 Meeting Minutes. Michelle Phillips seconded this motion; the motion passed by consensus.

### 2. Coalition Updates

No new information is known about the grant from the Center for Mental Health Services. The implementation date of the grant is October 1; however, this does not indicate the grant will not be awarded as it has been awarded after its implementation date in the past. Implementation of the grant may have been halted due to the government shutdown.

“The Gospel According To Josh”, featuring Josh Rivedal in a 15 character, one-man show about a journey through religion, reality TV and his father’s suicide, came to Norfolk, Columbus, and Wayne on October 16 and October 17. The event was sponsored by the State Suicide Prevention Coalition, the Northeast Nebraska Coalition for Suicide Prevention, and the Norfolk Area United Way. 170 people attended the morning performance and 70 people attended the evening performance in Norfolk. Roughly 25 people attended the performance at Wayne State College; the Central Community College performance was not well attended.

The Spanish translated QPR training was not well attended; however, those who did attend indicated they would be interested in a refresher course.

Dave and Don will be meeting with a representative from the Nebraska Chapter of the American Foundation for Suicide Prevention (AFSP) to discuss legislation for suicide prevention in Nebraska. The Jason Flatt Act – legislation requiring schools to provide suicide awareness and prevention training to teachers – has been passed in several states. AFSP has asked NSSPC to help motivate the introduction of a similar law in Nebraska.

### 3. LOSS Development Advisory Group

Eleven people have recently expressed interest in joining the LOSS Team; many of those interested originated from the LOSS Walk. The next LOSS Development Advisory Group meeting will be on October 23. Andres will be providing the don’t be sidelined PSA to local radio stations

### 4. Sustainment

Mental Health First Aid – a public education program that help identify, understand, and respond to signs of mental illnesses and substance abuse –provides funding for trainings across the country. If training opportunities present themselves in Nebraska, the NSSPC may apply to become a provider of the training.

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The grant being written by Interchurch Ministries of Nebraska focusing on LOSS team development across the state has been submitted to the Kim Foundation. The award notice is expected in a couple months.

## **5. Awareness**

The Don't Be Sidelined Campaign and Huskers Sports Marketing are continuing their partnership for mental illness awareness and to connect survivors. NSSPC will have the opportunity to host a booth at a Husker basketball and baseball game and will need volunteers to hand out bands; it is unknown if NSSPC will have a volleyball game assigned to them.

Two presentations on the Don't Be Sidelined campaign and depression were recently given; one was given to a local sorority by Julia the other was a joint presentation by Dave and Julia at a PTO meeting.

Dr. Robert Brooks presented an evening public lecture and professional workshop on preventing community violence and fostering connectivity between family and community members during Mental Illness Awareness Week; this was sponsored by the Medical Center. The lecture drew an audience of 250 people and attendance was at capacity during the workshop. The Run to Overcome was also held during Mental Illness Awareness Week to raise awareness of depression; the run is in its third year and attracted one-thousand participants.

## **6. Member Activity Update**

No report.

## **7. Upcoming Training Opportunities**

Three or four spots are left for the two-day ASIST training in Norfolk. The training is free; however, reservations are required. This training is being held in partnership with the United States Army.

## **8. Announcements**

Prior to National Suicide Prevention Day in 2014, it may be necessary for the NSSPC to review its goals and fine-tune specific in order for the Coalition to continue to progress.

Andres proposed the coalition partake in a Christmas lights decoration contest to raise awareness and garner donations. Many agencies are involved in this contest and it has been popular in the past. Andres will send pictures if they enter into the contest.

## **9. Next Loss Development Group Meeting and Nebraska State Suicide Prevention Coalition Meeting**

The next meeting will be held on November 22, 2013. The December meeting will be held on December 20, 2013. All meetings begin at 1:00 PM at Bryan West Hospital.