

# Nebraska State Suicide Prevention Coalition (NSSPC)

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## **Meeting Minutes** **March 28, 2014, 1:00 pm CST** Bryan West Hospital

*Attendees:* Denise Bulling, Mark DeKraai, Jennifer Fry, Mandy Hatcher, Kelli Hatzenbuehler, Julia Hebenstreit, Dave Miers, Pam Oltman, Ray Reimer, Kelli Ricky, Jill Sauser, Krystyn Schmidt, Netti Sikyta, and Hayley Sutter,

### **I. Approval of Minutes**

The meeting minutes were unanimously approved.

### **II. Coalition Updates**

#### **a. Norfolk**

Jennifer and Dave will attend a luncheon on May 16 in Norfolk to determine community interest and will hold training in June.

#### **b. Other Coalitions**

A suicide survivors group, Garden of Hope, has begun meeting twice a month at the Crete Hospital; an intern from Doane College is assisting with the meetings. Beatrice, Grand Island, Hastings, and Kearney are all working toward the development of a LOSS Team.

#### **c. State Coalition**

Dave, Jennifer, and Nancy meet with a Lincoln Journal Star reporter who is writing an article on teen suicide. The article will be published before the May 31 LOSS Walk and Fun Run and will highlight the LOSS Team and promote the walk. Don represented Nebraska at the American Association of Suicidology (AAS) Conference. AAS has established a new chapter for attempt survivors and additional support groups for attempt survivors may be formed.

### **III. Update from Outreach Coordinator – Jennifer Fry**

Following the passage of LB 923, many schools have requested suicide prevention training and suicide prevention tool kits. QPR Training for the Bhutanese community in Omaha will be held on April 26; QPR training for the Friendship Home will be held on June 17. The Seed Grant application is now available and can be found on the LOSS Team website and the NSSPC website; the seed grants up to \$1,000.00 are available to any 501(c)(3) that want to implement suicide prevention education. The Nebraska Department of Health and Human Services Office of Consumer Services are doing outreach for their staff and are considering providing QPR training.

### **IV. LOSS Development Advisory Group**

The replacement LOSS Team phone should be received today. Norfolk has begun responding to callouts; however, they have not formalized a LOSS Team yet. The Second Annual LOSS Walk and Fun Run will be held on May 31, 2014 at Holmes Lake Park. Registration is now open at GetMeRegistered.Com (search LOSS) and cost \$20 per adult and \$10 for youth. Some sponsorships and monetary donations have already been received. Flyers for the Walk will be distributed at the KVC Family Conference and at the Mental Health Conference. Proceeds from the LOSS Walk will provide funding for LOSS Team debts, including the cell phone bill, resource packets, training, and scholarships for the National LOSS Conference in Ohio.

### **V. AAS Conference Recap – Dr. Belau**

No update.

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## **VI. Grant Update**

The University of Nebraska Public Policy Center is assisting the State apply for a five-year SAMSHA grant focused on youth suicide prevention for 10-24 year olds. The grant requires a community readiness assessment be completed; the community readiness assessment must follow a specific model. The Nebraska grant will focus on increased awareness and focused outreach for 18-24 year olds on post-secondary campuses.

In accordance, Dr. Denise Bulling and Dr. Mark DeKraai will be holding a focus group following the conclusion of the NSSPC grant. A Campus Suicide Prevention Grant is due May 27; this grant requires a 1-1 match with awards up to \$102,000.

## **VII. Collaboration**

### **a. Update LB 923**

LB 923 was passed and signed on April 22, 2014. The Bill requires school personnel to have one hour of suicide prevention training annually; this will go into effect during the 2015-2016 school year. The bill can be found on the Unicameral website.

## **VIII. Awareness**

### **a. Don't Be Sidelined Campaign (Partnership with The Kim Foundation)**

The next Don't Be Sidelined Campaign event will be on the final Husker Baseball home game on May 17. The Don't Be Sidelined Campaign will also run an ad at the College World Series. The Partner meeting will be held in May, likely at the Pinnacle Bank Arena. Website hits have decreased slightly; however, numbers are still strong.

## **IX. Bullying and Suicide**

No update.

## **X. Member Activity Update**

No update.

## **XI. Upcoming Training Opportunities**

No update.

## **XII. Announcements**

No update.

## **XIII. SAMHSA Focus Group – Mark DeKraai and Denise Bulling, University of Nebraska Public Policy Center**

Nebraska's submission for the SAMHSA grant will focus on three strategies for clinical and community prevention services: standardized screening for mental health and substance abuse, gatekeeper QPR training, and K-12 training in Kognito and QPR. The state would like to focus on regional LOSS teams; significant outreach will likely need to be done. The needs that have been identified include: the high rate of suicide among 10-24 year-olds in Nebraska, treatment professionals are not routinely assessing risk of suicide, adults in contact with youth need to recognize and act on signs of suicide risk, school personnel need to understand warning signs of suicide and how to intervene, youth in families with a legacy of suicide are at risk for suicide, youth with behavioral health disorders are at high risk for suicide, and young adults in Nebraska are at risk for suicide.

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**XIV. Next Loss Development Group Meeting**

The next meeting will be held on May 23, 2014 in Classroom 2. All meetings begin at 12:00 Noon at Bryan West Hospital.

**XV. Next Coalition Meeting**

The next meeting will be held on May 23, 2014 in Classroom 3. All meetings begin at 1:00 PM at Bryan West Hospital.