

Nebraska State Suicide Prevention Coalition (NSSPC)  
Meeting Notes  
January 25, 2013  
Bryan Medical Center West

Attendees: Marilyn Mecham, Peg Oge-Ginsburg, Julia Hebenstreit, Dan Oltman, Diana Waggoner, Denise Bulling, Christina Lyons, Jordan Jacobsen, Donald Belau, David Miers, Rachell Eddy-Jimerson, Jacnda Begay, Michael Grant, and Nettie Grant Sikyta

- I. Approval of Minutes
  - a. Dave calls the meeting to order at 1:21. Don asked about the increased website hits from the Kim Foundation. Julia will give stats at a later meeting.
  - b. Dave spoke about a Colorado website focusing on men only. <http://mantherapy.org/#/center> The coalition was asked to explore this website further and question the possibility for Nebraska to offer a similar website (Julia offered assistance with this.)
  - c. Dave gave an update on work with Senator McGill who is focusing on certain aspects of mental health
  - d. The minutes from October and November were accepted
- II. Coalition Updates
  - a. Project Hope: For more information contact [michael.grant@ihs.gov](mailto:michael.grant@ihs.gov) or [jacnda.begay@ihs.gov](mailto:jacnda.begay@ihs.gov)
  - b. Nettie spoke about The Nebraska Urban Indian Health Coalition's recent cultural event that was held and also updated us on her current progress.
- III. LOSS Development Advisory Group
  - a. LOSS team is putting on a walk on June 1st. This walk is taking place to raise awareness and remove the stigma of suicide. The walk will take place at Holmes Lake Park.
  - b. LOSS Team "continues to be solid". Responded to one call in the last month.
  - c. Possibly reaching out to a new community to offer their assistance. More information to follow
- IV. Introduction of Jordan Jacobsen
- V. Sustainment
  - a. The team continues to look for grants, yet all programs are continuing to function at full strength.
  - b. The NSSPC received a \$7000.00 dollar grant from the Kim Foundation to fund seed grants throughout the state.
  - c. The BHECN Grant through UNMC was brought up to possibly assist in funding QPR and AMSR training. Dave, Marilyn, Denise, and Jordan will meet Friday February 1 9:00 am in the IMN Board Room to discuss this grant.

- VI. Review of 2011/2012 Goals
  - a. We will review the 2011/2012 Goals at the February 22 meeting
- VII. Planning for 2013/2014 Coalition Goal Development
  - a. In the past a summit was used to plan the new goals. A meeting was set for March 22, 2013 at 9:00 at Bryan West.
  - b. Dave noted that Denise with the Public Policy Center has offered to provide service in assisting with the development of these goals.
  - c. The details of this summit will be discussed further at the next meeting.
- VIII. Awareness
  - a. The coalition continues to partner with Husker Sports in the "Don't Be Sidelined Campaign." Don asked about the effectiveness of this partnership and everyone believes it to be a good and beneficial partnership.
  - b. Don asked about Apps and the possibility of Nebraska developing or promoting a particular app dealing with suicide prevention. The coalition was encouraged to test and investigate different apps and brings information to the next meeting.
- IX. Member Activity Updates
  - a. Don and Dave will serve on a panel at the AAS Conference presenting information about LOSS Teams across the United States.
- X. Upcoming Training Opportunities
  - a. SCIP Training "Finding Light Through the Darkness: Suicide Prevention Conference" to be held March 27<sup>th</sup>. Information was emailed to the Coalition.
- XI. 46th American Association of Suicidology Annual Conference, April 24th-27th, 2013 at the Hilton, in Austin Texas.
  - a. Registration is open.
- XII. 3rd Annual LOSS Team Conference, Columbus Ohio.
  - a. Anyone interested in learning more about LOSS Teams is encouraged to attend.
  - b. The date for this event is September 10-11, 2013
- XIII. Announcements
  - a. April 15-17 National Association of Threat Assessments in Omaha, NE (Denise will send out more information as it becomes available).
  - b. July 12, 2013 will be the Nebraska Behavioral Health Conference (More information will follow).
  - c. Mental Health First Aid Training (Contact Christina Lyons with questions).
- IX. Next LOSS Development Group Meeting.
  - a. February 22nd, 12-1, Bryan West Classroom #1

- X. Next Coalition Meeting
  - a. February 22nd, 1-3 Bryan West Classroom #2