

Nebraska State Suicide Prevention Coalition (NSSPC)
Meeting Notes
March 22, 2013
Bryan Medical Center West

Attendees: Denise Bulling, Pam Oltman, Donald Belau, David Miers, Maya Chilese, Tim Springe, and Ray Reimer

- I. Approval of Minutes
 - a. The meeting was called to order at 1:00.
 - d. The minutes from January 2013 were accepted after corrections were made.

- II. Coalition/Seed Grantee Updates—Future Seed grantees to be announced
 - a. Beatrice reported that there were 12 suicides in the Beatrice community in 2012. An application has been filed with BECHN requesting funding to assist with 1) vicarious trauma for 1st responders to scenes of suicide, and 2) suicide prevention training for primary care providers as well as faith-based providers in Beatrice.
 - b. Norfolk reported extensive activity in the past month which included:
 - a. Two suicides with the survivors being referred to the local support group
 - b. Support of the 4-8 National Alcohol Screening Day with the support of the VA and Norfolk Community College.
 - c. Sponsoring Jessica Gulmnel to work with Bullying and violence prevention in the local schools.
 - d. Exploring the possibility of promoting a Suicide Prevention play during the October National Suicide Prevention Awareness week October 18 & 19. Plans are to present at Norfolk Community College
 - e. Assist in trauma training in Norfolk
 - f. Maintain radio coverage with station KKXL via the ‘Morning Coffee Show’
 - g. Developing a meeting with the safety staff in Norfolk where Dr, Miers, and/or Dr. Belau can be present with input from LPD (Joe Wright)
 - h. Assist Macy in requesting funding for QPR training
 - c. Seward reported that the local coalition is actively working with Concordia University and will apply for small seed grants to further suicide prevention activities

- III. LOSS Development Advisory Group
 - a. LOSS team is promoting a walk on June 1st. This walk is taking place to raise awareness and to reduce the stigma of suicide. Fund raising is being developed to pay costs, and to promote scholarships to allow team members attend the National LOSS Conference in Columbus, Ohio The walk will take place at Holmes Lake Park.

- b. The March monthly meeting of the LOSS Team will feature a guest speaker who has survived a significant suicide attempt. This meeting will also feature a 'Potluck Luncheon' supported by Bryan West.
- c. The LOSS Development Advisory Group is exploring ways to enhance and strengthen the Team. There are tentative plans to complete a Team building exercise in May lead by Pam.

V. Sustainment

- a. The team continues to look for grants, yet all programs are continuing to function at full strength.
- b. The NSSPC received a \$7000.00 dollar grant from the Kim Foundation to fund seed grants throughout the state.
- c. The BHECN Grant through UNMC was brought up to possibly assist in funding QPR and AMSR training. Dave, Don, Denise, and Jordan will meet in the IMN Board Room to discuss this grant.

VI. Review of 2011/2012 Goals & Planning for 2013/2014 Coalition Goal Development

- a. An extensive review of the 2011/2012 goals was completed with the intent of updating these goals was conducted under the leadership of Dr. Denise Bulling of the Nebraska Public Policy Center.
- b. A survey was developed by Dr. Bulling and emailed to the NSSPC membership for input. These responses were tallied and reviewed by the membership present which offered further discussion.
- c. Dr. Bulling will provide a summary of this data for further review by the NSSPC membership.

VII. Awareness

- a. The coalition continues to partner with Husker Sports in the "Don't Be Sidelined Campaign." A motion was made by Maya and seconded by Pam that the NSSPC Membership support this campaign. The motion passed unanimously.
- b. In behalf of the HHSS, Maya suggested any dates regarding Walks, etc. be provided and that HHSS could assist in 'marketing' the dates.
- c. It was suggested that the LOSS Team brochures, and Coalition brochures be distributed to funeral homes

VIII. Member Activity Updates

- a. Don and Dave will serve on a panel at the AAS Conference presenting information about LOSS Teams across the United States.

IX. Upcoming Training Opportunities

- a. SCIP Training “Finding Light Through the Darkness: Suicide Prevention Conference” to be held March 27th. Information was emailed to the Coalition.
- X. 46th American Association of Suicidology Annual Conference, April 24th-27th, 2013 at the Hilton, in Austin Texas.
 - a. Registration is open.
- XI. 3rd Annual LOSS Team Conference, Columbus Ohio.
 - a. Anyone interested in learning more about LOSS Teams is encouraged to attend.
 - b. The date for this event is September 10-11, 2013
- XII. Announcements
 - a. April 15-17 National Association of Threat Assessments in Omaha, NE (Denise will send out more information as it becomes available).
 - b. July 12, 2013 will be the Nebraska Disaster Behavioral Health Conference (More information will follow).
 - c. Mental Health First Aid Training (Contact Christina Lyons with questions).
- XIII. Next LOSS Development Group Meeting.
 - a. April 19th, 12-1, Bryan West Classroom #1
- XIV. Next Coalition Meeting
 - a. April 19th 1-3 Bryan West Classroom #2
- XV. Next LOSSTeam Meeting.
 - a. April 20th 10:00 am Bryan West Classroom #2

Recorder: Donald P. Belau. Ph.D.