Nebraska State Suicide Prevention Coalition Newsletter

Issue No. 10

NEBRASKA STATE SUICIDE PREVENTION COALITION



Welcome to another issue of the <u>Nebraska State Suicide Prevention Coalition</u> newsletter! We encourage you to forward this to friends and colleagues by clicking on the link at the bottom of the page.

We hope you find this informative and that you enjoy the stories we've included this issue. As always, check out our <u>website</u> for more information.

Spotlight: LOSS Conference



Survivors reaching out a hand to help survivors of suicide; this is the LOSS team, led by Dr. Frank Campbell. The Local Outreach to Suicide Survivors (LOSS) team has been arriving at scenes of suicide in hopes to provide resources and install hope to survivors since 1998. Campbell, the driving force behind this team as well as the LOSS conference, is the current Executive Director of The Crisis Center Foundation and the senior consultant for Campbell and Associates Consulting, LLC.

In *Survivors of Suicide* (Cain, 1972), Dr. Edwin Schneidman introduced the concept of "postvention as prevention for the next generation." This concept has served as the foundation for Campbell's work with survivors of suicide. By building a team of survivors, the healing process is strengthened for both the team and those they are aiding. "Survivor team members reported that the process of helping others at difficult times of discovery and notification allowed them to heal from their own losses in ways they could not have imagined." (Campbell, Suicide Survivors as First Responders: The LOSS Team). The team has currently distributed their services to more than 240 suicides.

The primary goal of the LOSS team is "to let survivors know that resources exist as soon as possible following the death". According to Campbell's research, survivors that receive the Active Postvention Model (APM) ask for assistance in healing an average of within 39 days. This is a drastically reduced time frame in comparison to the 4.5 years averaged while using the passive model. Effects of suicide can take root immediately, and the LOSS team aims to provide assistance as soon as possible.



In coordination with the Nebraska State Suicide Prevention Coalition and the LOSS Development Group, the Lincoln-Lancaster Outreach to Suicide Survivors Team began operating in July 2009. The goals of the Lincoln-Lancaster Team are to both provide the

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LOSS Conference Date Information

Upcoming Events

May 25th | 1-3 p.m.
Coalition Meeting at Bryan LGH

May 31-June 2 | 8 a.m. 2012 LOSS Conference

AMSR Training, Lincoln, NE

For more detail and a full listing of our upcoming events visit the NYSPP website:

NYSPP Calendar



Save the Date!
Second Annual
LOSS Conference:
"Reaching Out to Survivors
Across the LifeSpan"

Thursday May 31 - Friday June 1, 2012 Lincoln, NE

Check the <u>website</u>for updates! Register here

AMSR Training for Clinicians June 2, 2012

2012 AMSR Training for Professionals Announced

2012 Assessing & Managing Suicide Risk (AMSR) Training is now available! Nebraska AMSR Training is a one-day workshop for behavioral health professionals on assessing clear message of hope, so that survivors can move through their time of shock and despair, and to sustain itself indefinitely within the Lincoln-Lancaster County community. To learn more about the Nebraska LOSS Team, please visit the web site at http://nelossteam.nebraska.edu/.

To read Dr. Campbell's article, "Suicide Survivors as First Responders: The LOSS team," and to learn more about Dr. Campbell's work, please visit the LOSS Team website, http://www.lossteam.com/.



Thursday, May 31

7:30 a.m.-3:45 p.m.

- · Loss Team Nuts & Bolts
- Sudden Traumatic Loss
- Evening Remembrance Event

Friday, June 1

- 8 a.m.-4:30 p.m.
- Grief Across the Lifespan
- · Children's Grief

Conference location:

BryanLGH Medical Center West

2300 S. 16th St. Lincoln, NE 68502 402-481-5638



suicide risk, planning treatment, and managing the ongoing care of the at-risk client. For locations and registration information, please see the brochure.

New SPRC Website Launched

The Suicide Prevention Resource Center (SPRC) launched a newly designed website at www.sprc.org. Some features now included:

- -Interactive map about GLS
 Grantees nationawide
- -"Who's working on topics I care about" feature
- -Free online trainings

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RISE Team Visits LOSS Meeting

The LOSS team's efforts for Ásuicide Prevention have crossed Ápaths with two Arizonans on a Ápilgrimage entitled RISE, or ÁRevolution Inspiration by Self-Evolution". On Saturday, April Áz8th Zachary Chipps and Árhomas Brown, the two bicyclists Ápf RISE, came to the monthly ÁLOSS meeting in Lincoln to Ádiscuss and share stories.

Chipps and Brown are on a/x,000 mile, 214-day bike tour to/kaise suicide awareness. This tour is in honor of their older brothers that committed/suicide, for their own healing process, and to help the healing of others.

Their journey began in San Francisco, California on the Golden Gate Bridge.

"The reason why we started there was because the Golden Gate Bridge is the number one monument where people go to commit suicide," Brown said.

The RISE team plans on stopping in 100 cities in 21 states to meet with programs, groups, clinics, and prevention centers. The two men are documenting their journey with video and social media in hopes to create a documentary of RISE that can be used within the suicide survivor community.

For Chipps, Nebraska is an especially sentimental stop on the journey. Here is where his older brother is buried.

"So far in our journey, I haven't met anyone who hasn't been touched by suicide, but people don't want to talk about it," Chipps said.

RISE is about opening up and starting the healing process. The process begins with

communication, and the RISE team just wants to talk.

Visit the RISE Pheonix webpage at: http://risephoenix.org/



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