

NEBRASKA STATE SUICIDE PREVENTION COALITION



Welcome to another issue of the [Nebraska State Suicide Prevention Coalition](#) newsletter! We encourage you to forward this to friends and colleagues by clicking on the link at the bottom of the page.

We hope you find this informative and that you enjoy the stories we've included this issue. As always, check out our [website](#) for more information.

Nebraska Training Resources

[Youth Suicide Prevention Webinar](#) The topic "State Issues & Data" will be presented by Maya Chilese and Peg Prusa-Ogea on December 20, 2011 at noon Central Time. Registration and participation is free.

[Gatekeeper Training](#) using the QPR© training program.

Spotlight: Grand Island Diocese

NSSPClogoDove

This year, the Grand Island Diocese has been very busy with numerous programming events in the area. Some things that they are currently working on include:



They just completed QPR sessions at Wood River, St. Libory, Hemmingford/Alliance, Grand Island Central Catholic School and they are working on scheduling more.

They will have upcoming sessions on Wednesday, Nov 2 at Gordon/Haysprings/Rushville, Wednesday, Nov. 9 at St. Mary's in Grand Island, Wednesday, Nov 16 at Shelton and Wednesday, Nov 30 at St. Lukes in Ogallala/Paxton.

They are working on setting up meetings with the remainder of area schools to educate them about the SOS kits so they can begin using them.

They continue to instruct QPR participants who are volunteers or staff to report to their SEC if they make a referral using QPR.

They also continue to distribute military support information through churches and clergy assigned as chaplain to the VA.

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Upcoming Events

November 8 | 7-8 p.m.
Kearney Emotional support Group

November 8-9
[Responding to the Brain Injury and PTSD Needs of Veterans Returning from Operation Enduring Freedom/Operation Iraqi Freedom](#)
Metropolitan Community College

November 11 | 9 a.m. - 3:30 p.m.
[Veterans Day Celebration](#)
Central Community College-Hastings

November 15 | 7-8 p.m.
Norfolk Emotional Support Group

November 21 | 7-8 p.m.
Survivors of Suicide Loss Support Group - Kearney

November 22 | 7-8 p.m.
Omaha Emotional Support Group

For more detail and a full listing of our upcoming events visit the NYSPP website:

[NYSPP Calendar](#)

**SAVE THE DATE:
2012 LOSS Conference**

Great job to the Grand Island Diocese!

The National Suicide Prevention Lifeline Answers 3 Millionth Call

Suicide Prevention

Through its national network of 150 crisis centers, the [National Suicide Prevention Lifeline](#) (1-800-273-TALK/8255), has provided help and hope to its 3 millionth caller the week of Oct 2-8. Since its inception in 2005, the Lifeline now answers more than 2,200 calls per day. The Lifeline, sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), uses advanced technology that links callers to a trained counselor closest to their location to provide confidential crisis support 24/7.



About one in five callers to the Lifeline "press 1" to be connected to the Veterans Crisis Line, a specialized call center run by the Department of Veterans Affairs (VA) for veterans, service members, and concerned family members. This successful partnership has enabled VA professionals to answer more than 450,000 calls and conduct more than 16,000 life-saving rescues.

The Lifeline continues to develop new, innovative methods for reaching out to more people, especially online. Partnerships with websites such as Facebook, Twitter, YouTube, etc. have created new standards on how to report and address suicide-related postings.

According to the latest numbers from the National Survey on Drug Use and Health, an estimated 8.4 million adults have suicidal thoughts and 1.1 million attempt suicide every year. Although most of those individuals do not complete suicide, the latest data from the Centers for Disease Control and Prevention indicates that more than 36,000 people died by suicide in 2008.

*SAMHSA is a public health agency within the Department of Health and Human Services. Its mission is to reduce the impact of substance abuse and mental illness on America's communities. Additional information about SAMHSA's resources can be accessed [here](#).



The 2012 LOSS Conference will be held May 31-June 2.

LOSS (Local Outreach to Suicide Survivors) is an effort to bring immediate support to survivors as close to the time of death as possible. The Nebraska Suicide Prevention Coalition has actively supported the development of the Lincoln-Lancaster Outreach to Suicide Survivors (LOSS). In order to develop the LOSS team, an extensive collaboration of individuals and groups was necessary. As result, the LOSS Development Group was formed and is responsible for the oversight of the LOSS team.

From the Radio Review Publication - Norfolk:

20 suicides have been reported since January 1 of this year in six northeast Nebraska counties: Cedar, Cuming, Madison, Platte, Stanton and Wayne. Andres Sandoval, outreach coordinator for the Norfolk Community Health Care Clinic, says anyone considering suicide or anyone needing help with a loved one who may be at risk of suicide is urged to call the [National Suicide Prevention Lifeline](#) at 800-273-talk or the [CARE line](#) in Norfolk at 888-370-7003.

International Survivors of Suicide Day

SAVE THE DATE:

Saturday, November 19, 2011
6:30 pm
304 West 3rd Street,
Grand Island, NE

Join the Hall County Suicide Prevention Project in a candle light ceremony for a day of remembrance and healing for survivors of suicide loss.

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